July 26, 2021

The Honorable Charles Schumer Majority Leader United States Senate Washington, DC 20510

The Honorable Mitch McConnell Minority Leader United States Senate Washington, DC 20510 The Honorable Nancy Pelosi Speaker United States House of Representatives Washington, DC 20515

The Honorable Kevin McCarthy Minority Leader United States House of Representatives Washington, DC 20515

RE: Priorities for Medicare Telehealth Reform

Dear Congressional Leaders:

Thank you for your leadership in expanding access to telehealth during the COVID-19 public health emergency (PHE). Driven by swift action from Congress, the flexibilities enabled under the Coronavirus Preparedness and Response Supplemental Appropriations Act, 2020 and the Coronavirus Aid, Relief, and Economic Security (CARES) Act have allowed clinicians across the country to scale delivery and provide all Americans -- many for the first time -- access to high-quality virtual care. In response, health care organizations across the nation have dramatically transformed and made significant investments in new technologies and care delivery models, not only to meet COVID driven patient demand, but to prepare for America's future health care needs.

Unfortunately, this progress is in jeopardy. Many of the telehealth flexibilities are temporary and limited to the duration of the COVID-19 public health emergency. Without action from Congress, Medicare beneficiaries will abruptly lose access to nearly all recently expanded coverage of telehealth when the COVID-19 PHE ends. This would have a chilling effect on access to care across the entire U.S. health care system, including on patients that have established relationships with providers virtually, with potentially dire consequences for their health.

Telehealth is not a COVID-19 novelty, and the regulatory flexibilities granted by Congress must not be viewed solely as pandemic response measures. Patient satisfaction surveys and claims data from CMS and private health plans tell a compelling story of the large-scale transformation of our nation's health care system over the past year and, importantly, demonstrate strong patient interest and demand for telehealth access post-pandemic:

- **Telehealth is ubiquitous** with more than 1 in 4 (15 million) of all Medicare beneficiaries accessing telehealth between the summer and fall of 2020.¹ Telehealth represented 0.22 percent of all medical claims for private health plans in December 2019, rising to 6.51 percent by December 2020. ² In response, private payers are moving to expand telehealth post-pandemic³ and meet new expectations from employers and plan members.⁴
- **Telehealth is popular** with MedPAC noting that <u>91% of Medicare beneficiaries were satisfied with their</u> <u>telehealth video visits</u> in its March 2021 report to Congress.⁵ Patient satisfaction with telehealth across

¹ <u>https://www.kff.org/medicare/issue-brief/medicare-and-telehealth-coverage-and-use-during-the-covid-19-pandemic-and-options-for-the-future/</u>

² <u>https://www.prnewswire.com/news-releases/telehealth-claim-lines-increase-2-817-percent-nationally-when-comparing-december-2019-to-december-2020--301241089.html</u>

³ <u>https://www.ahip.org/using-telehealth-to-deliver-affordable-high-quality-care/</u>

⁴ https://catalyst.nejm.org/doi/full/10.1056/CAT.21.0031

⁵ http://medpac.gov/docs/default-source/reports/mar21_medpac_report_to_the_congress_sec.pdf

specialties and programs was high pre-pandemic⁶ and has remained so during COVID-19.⁷. <u>75 percent of</u> <u>Americans now report having a strong interest in using telehealth moving forward</u>.⁸

- **Telehealth is efficient** with no-show rates for telehealth visits (7.5%) during the COVID-19 pandemic lower than both the no-show rates for in-office visits (36.1%) and a pre-pandemic in-office no-show rate (29.8%).⁹ Providers and health systems continue to report on the significant and positive impact virtual care has had on operational efficiencies.¹⁰
- Telehealth can help address existing health disparities and during the pandemic GAO found that the proportion of beneficiaries utilizing telehealth was relatively equal across racial and ethnic groups.¹¹ While investment is needed to address the digital divide including broadband and funding for end user devices researchers found significant value in leveraging telephone visits in extending access to underserved populations and enhancing FQHCs abilities to meet patient needs.¹² Before COVID-19, telehealth was seen as an important tool to deliver care to patients that had challenges with transportation, balancing responsibilities with hourly and seasonal jobs, accessing culturally sensitive providers, and for the 46 million Americans in rural areas traveling extreme distances to specialty and emergency care.¹³

With so many patients accessing care virtually, expectations for the future of our health care system have shifted significantly. Virtual care has provided unprecedented access for patients, but uncertainty as to the future of many telehealth policies will halt or reverse further adoption – to the detriment of both patients and providers. Congress not only has the opportunity to bring the U.S. health care system into the 21st century, but the responsibility to ensure that the billions in taxpayer funded COVID investments made during the pandemic are not simply wasted but used to accelerate the transformation of care delivery, ensuring access to high quality virtual care for all Americans.

Given the statutory restrictions in Section 1834(m) of the Social Security Act, Congress must act to ensure that the Secretary has the tools to transition following the end of the public health emergency and ensure telehealth is regulated the same as in-person services. Secretary Becerra has recently asked for such authority,¹⁴ and we urge bipartisan action toward this goal.

With these critical issues in mind, we ask that Congress advance permanent telehealth reform focused on the following priorities, at a minimum:

- 1. **Remove Obsolete Restrictions on the Location of the Patient and Provider.** Congress must permanently remove the Section 1834(m) geographic and originating site restrictions to ensure that all patients can access care where they are. The response to COVID-19 has shown the importance of making telehealth services available in rural and urban areas alike. To bring clarity and provide certainty to patients and providers, we strongly urge Congress to address these restrictions in statute by striking the geographic limitation on originating sites and allow beneficiaries across the country to receive virtual care in their homes, or the location of their choosing, where clinically appropriate and with appropriate beneficiary protections and guardrails in place.
- 2. Maintain and Enhance HHS Authority to Determine Appropriate Providers, Services, and Modalities for Telehealth. Congress should provide the Secretary with the flexibility to expand the list of eligible practitioners who may furnish clinically appropriate telehealth services. Similarly, Congress

12 https://jamanetwork.com/journals/jama/fullarticle/2776166

⁶ https://pubmed.ncbi.nlm.nih.gov/26269131/

⁷ https://c19hcc.org/telehealth/patient-survey-analysis/

⁸ https://c19hcc.org/telehealth/patient-survey-analysis/

⁹ https://www.liebertpub.com/doi/10.1089/tmj.2021.0002

¹⁰ https://www.ama-assn.org/system/files/2021-05/ama-return-on-health-report-may-2021.pdf

¹¹ https://www.finance.senate.gov/imo/media/doc/Jessica%20Farb%20GAO%20Testimony.pdf

¹³ https://www.cdc.gov/ruralhealth/about.html

¹⁴ <u>https://www.c-span.org/video/?c4966006/user-clip-sec-becerra-telehealth</u>

should ensure that HHS and CMS maintain the authority to add or remove eligible telehealth services – as supported by data and demonstrated to be safe, effective, and clinically appropriate – through a predictable regulatory process that gives patients and providers transparency and clarity. Finally, Congress should give CMS the authority to reimburse for multiple telehealth modalities, including audio-only services, when clinically appropriate.

- 3. Ensure Federally Qualified Health Centers, Critical Access Hospitals, and Rural Health Clinics Can Furnish Telehealth Services After the PHE. FQHCs, CAHs, and RHCs provide critical services to underserved communities and have expanded telehealth services after restrictions were lifted under the CARES Act and through executive actions. Congress should ensure that FQHCs, CAHs, and RHCs can offer virtual services post-COVID and work with stakeholders to support fair and appropriate reimbursement for these key safety net providers and better equip our health care system to address health disparities.
- 4. **Remove Restrictions on Medicare Beneficiary Access to Mental and Behavioral Health Services Offered Through Telehealth.** Without Congressional action, a new requirement for an in-person visit prior to access to mental health services through telehealth will go into effect for most Medicare beneficiaries. We urge Congress to reject arbitrary restrictions that would require an in-person visit prior to a telehealth visit. Not only is there no clinical evidence to support these requirements, but they also exacerbate clinician shortages and worsen health inequities by restricting access for those individuals with barriers preventing them from traveling to in-person care.¹⁵ Removing geographic and originating site restrictions only to replace them with in-person restrictions is short-sighted and will create additional barriers to care.

We look forward to working with you to build on the temporary telehealth expansion enacted in the Coronavirus Preparedness and Response Supplemental Appropriations Act and the CARES Act to provide certainty to our nation's health care providers and, more importantly, ensure Medicare beneficiaries can continue to access care when and where they need it. Congress must act before the PHE expires or providers and patients will lose access to high-quality virtual care.

Sincerely,

7wireVentures Academy of Nutrition and Dietetics Access Physicians Activate Care AdvaMed Adventist Health Adventist Health Policy Association agilon health Air MD physician Group Air Visits Alameda Health System Allergy & Asthma Network Alliance for Aging Research Alliance for Connected Care Alliance of Community Health Plans Alliance of Health Care Sharing Ministries Allina Health Allscripts

¹⁵ <u>https://www.americantelemed.org/wp-content/uploads/2021/06/ATA-Overview-of-In-Person-Requirements-1.pdf</u>

Alpha Medical, Inc **ALS** Association Amazon American Academy of Allergy, Asthma & Immunology American Academy of Family Physicians American Academy of Hospice and Palliative Medicine American Academy of Neurology American Academy of PAs American Academy of Sleep Medicine American Association for Respiratory Care American Association of Colleges of Nursing American Association of Orthopaedic Surgeons American Board of Telehealth American Cancer Society Cancer Action Network American College of Allergy, Asthma & Immunology American College of Obstetricians and Gynecologists American College of Physicians American Diabetes Association American Foundation for Suicide Prevention American Gastroenterological Association American Geriatrics Society American Health Care Association/National Center for Assisted Living American Health Information Management Association American Heart Association American Lung Association American Medical Association American Medical Group Association American Medical Rehabilitation Providers Association (AMRPA) American Nurses Association American Occupational Therapy Association American Pharmacists Association American Physical Therapy Association American Podiatric Medical Association American Psychiatric Association American Psychoanalytic Association American Psychological Association American Society for Gastrointestinal Endoscopy American Society of Nephrology American Telemedicine Association American Urological Association Americans for Prosperity America's Essential Hospitals America's Physician Groups Amwell And Me Therapy Array Behavioral Care Arthritis Northwest, PLLC Ascellus Health Ascension Association for Behavioral Health and Wellness Association of American Cancer Institutes Association of American Medical Colleges Association of Asian Pacific Community Health Organizations (AAPCHO) Association of Black Cardiologists Association of Community Cancer Centers (ACCC)

Association of Departments of Family Medicine Association of Diabetes Care & Education Specialists Association of Family Medicine Residency Directors Association of Oncology Social Work athenahealth Avel eCARE Aventyn, Inc. Avera Health Babylon **BAKERS** Counseling Services LLC Banner|Aetna **Barstow Community Hospital Bay Rivers Telehealth Alliance** Beacon Health System **Better Medicare Alliance** Bioscience Los Angeles County Inc. **BJC HealthCare** Blackstone Valley Community Health Care, Inc. Blue Cirrus Consulting **Brave Health** Bright.md **Bronson Healthcare Group** Burn and Reconstructive Centers of America California Primary Care Association Cancer Support Community Capstone Care Network Care Manager On Demand Care on Location Care Transformation Collaborative of RI CareSpan Integrated Networks, Inc. Cass Health Catholic Health Association of the United States Center for Dignity in Healthcare for People with Disabilities Center for Freedom and Prosperity Center for Rural Health Innovation Center for Telehealth, University of Mississippi Medical Center Center to Advance Palliative Care (CAPC) Centerstone Centura Health **CEO** Action for Racial Equity **Challenge Behavioral Healthcare** Change Healthcare **Cheyenne Regional Medical Center** Children's Health Fund Children's National Hospital ChristianaCare CirrusMD Inc. CityLife Health, LLC Cleveland Clinic Florida and CompreCare Affiliate **Clinical Social Work Association** CMG/Carealytics Coalition for Compassionate Care of California **Coalition for Headache and Migraine Patients**

Colorado Community Health Network Columbia University Irving Medical Center **CommonSpirit Health** Commonwealth Clinical Group, Inc. **CommonWell Health Alliance** Community Behavioral Healthcare Association of IL Compassion & Choices Compodium, Inc Comprehensive Psychiatry Group, Inc Conemaugh Meyersdale Medical Center **Connected Health Initiative** Connected Home Living, Inc. **Consumer Action Consumer Choice Center Consumer Technology Association Convenient Care Association** Cromford Health Curve Health Dartmouth-Hitchcock Health DayaMed Diabetes & Endocrinology Consultants of PA, LLC Digital Medicine Society (DiMe) **Digital Therapeutics Alliance DigitalOptometrics LLC** Dignio LLc / AS Doc Leon Travel & Concierge Medicine Doctor On Demand DoseCue, LLC Duke Health Eating Disorders Coalition for Research, Policy & Action eHealth Initiative Eleanor Health **Electronic Health Record Association** Electronic Healthcare Network Accreditation Commission (EHNAC) Ellis County Coalition for Health Options DBA Hope Clinic **Emory University Encounter Telehealth Endocrine Society Envision Healthcare Epic Systems Corporation Epilepsy Foundation** eVisit, Inc. ExamMed Family & Children's Counseling Services Family & Children's Service of Ithaca Federation of American Hospitals **Fight Colorectal Cancer** Firstvitals Health and Wellness Foothold Technology Forefront Telecare, Inc. Fresenius Medical Care North America Galileo Analytics **Global Liver Institute**

GlobalMedia Group, LLC DBA GlobalMed(R) GlyCare GO2 Foundation for Lung Cancer Go2Care Google **Grapevine Health Greenway Health** Gundersen Health System Hawai'i Parkinson Association Hazel Health Hazlewood Medical LLC HCA Healthcare **HCU Network America** HD Reach Health Business Consult Health Care Transformation Task Force Health Choice Arizona Health Innovation Alliance Health Tech Strategies, Inc Healthcare Leadership Council **HEALTHePRACTICES** Healthwise, Incorporated HealthyWomen Heart Failure Society of America Henry Ford Health System Heritage Provider Network Hicuity Health, Inc. Hillrom Hims & Hers HIMSS HIMSS Central & North Florida Chapter **HIMSS Greater Illinois Chapter HIMSS** Iowa Chapter **HIMSS KY Bluegrass** HIMSS Minnesota Chapter HIMSS National Capital Area **HIMSS NYS Chapter** HIMSS South Carolina Chapter HIMSS Southern California Chapter HiTalk HMRCOUNSELING and Behavioral services Hospice and Palliative Nurses Association HSA Coalition ICmed, LLC IHE USA Indiana Oncology Society Indiana University Health Indo Us Organization for Rare Diseases Infectious Diseases Society of America Ingham Community Health Centers innovaTel Telepsychiatry Institute of Respiratory Disease and Sleep Medicine International Foundation for Autoimmune & Autoinflammatory Arthritis (AiArthritis) International OCD Foundation Iowa Oncology Society Iron Bow Technologies IT Consulting Group LLC IthacaMed Jeeva Informatics Solutions LLC Johns Hopkins Medicine Joyages **JR & Associates** Kaiser Permanente Kentucky Counseling Center, LLC Kohnling, Inc. Leadership OD LeadingAge Legal Action Center Less Government Lewy Body Dementia Association LifePoint Health LifeWIRE Corp LiV-Connected LT Telehealth/LocumTenens.com Lupus and Allied Diseases Association, Inc. Mardac Consulting Marshfield Clinic Health System Mass General Brigham Massachusetts Health Data Consortium Mayo Clinic MDH Consulting International Medical Group Management Association Medical Image Perception Society Medocity, Inc. MedStar Health MedWand Solutions Inc. Memorial Sloan Kettering Mend VIP, Inc. Mental Health America Michigan Health & Hospital Association Michigan Health Information Network **Midwest Health Connection** Miles for Migraine Millennium Physician Group Missouri Oncology Society Moffitt Cancer Center Monebo Technologies, Inc. Montana State Oncology Society Monument Inc Moonshot Health Consulting Mosaica Partners Motivo **MPAC Healthcare** Multiple Sclerosis Center of Atlanta NACBHDD and NARMH National Association for Healthcare Quality

National Association for the Support of Long Term Care (NASL) National Association of Community Health Centers National Association of Pediatric Nurse Practitioners National Association of Rural Health Clinics National Association of Social Workers National Athletic Trainers' Association National Brain Tumor Society National Coalition for Hospice and Palliative Care National Council for Mental Wellbeing National Council of State Boards of Nursing National Health Care for the Homeless Council National League for Nursing National Mental Health LLC National Multiple Sclerosis Society National Nurse-Led Care Consortium National Organization for Rare Disorders National Patient Advocate Foundation National Psoriasis Foundation Nebraska Medicine Nemours Children's Health NeuroPath New Jersey Association of Mental Health and Addiction Agencies, Inc. New Mexico Society of Clinical Oncology NextGate NextGen Healthcare Nicklaus Children's Health System North American Primary Care Research Group Northwell Health OCHIN **Oncology Nursing Society** Onduo LLC One Medical Orion Behavioral Health Network Oshi Health, Inc. PACE Southeast Michigan Partnership to Advance Virtual Care PAs in Virtual Medicine and Telemedicine (PAVMT) **PCHAlliance** Peaceful Roots Counseling LLC Physician Assistants in Hospice and Palliative Medicine **Population Health Alliance** Premier Preventive Cardiovascular Nurses Association **Primary Care Collaborative** Primary Care Development Corporation Prism Health North Texas ProMedica PSYCHeANALYTICS, Inc. **Psychiatric Medical Care** PursueCare QuartetHealth Qure4u, Inc Real Time Touch

REDC Consortium Regional Center for Border Health, Inc./SLWIC (RHC) ResMed ResolutionCare, a Vynca company **Rising Lotus Healing LLC Rural Hospital Coalition** Salusive, Inc. dba mynurse.ai SanctiPHI Tech Inc Sano Health, LLC SCL Health Scripps Health SENTARA Healthcare Setauket Primary Medical Care Seven Valleys Health Coalition SHIELDS for Families, Inc. Skypiatrist Psychiatry PLLC Small Business & Entrepreneurship Council SOC Telemed Society for Participatory Medicine Society of General Internal Medicine Society of Hospital Medicine Society of Teachers of Family Medicine South Central Human Relations Center, Inc. Speck Spina Bifida Association St. Mary's Medical Center, a member of Mountain Health Network Stanford Children's Health Stanford Health Care Steuben County Public Health Strategic Health Information Exchange Collaborative (SHIEC) Strategic Integration Solutions, Ltd. Summit Healthcare Association Summit Healthcare Regional Medical Center Synecor, LLC **TapestryHealth** Teladoc Health **Telehealth Alliance of Oregon Telekids Therapy** TeleMed2U **Telemedicols LLC** TeleMedik **Texas e-Health Alliance** The Arizona Clinical Oncology Society The Center for Discovery The Center for Youth & Family Solutions The Children's Home of Wyoming Conference The College of Healthcare Information Management Executives (CHIME) The ERISA Industry Committee The Headache and Migraine Policy Forum The Jewish Federations of North America The Joint Commission The Michael J. Fox Foundation for Parkinson's Research The University of Texas at Austin, UT Health Austin

Third Eye Health, Inc. **Tir Health Advisors LLC** Tompkins Community Action, Inc. **Tourette Association of America Travere Therapeutics** Trinity Health TW Ponessa & Associates Counseling Services, Inc. U.S. Pain Foundation **UBHS INC** UCHealth Umedex inc United Urology UnityPoint Health University ENT Care, LLC University of Colorado School of Medicine University of Michigan Health University of New Mexico College of Nursing University of Pittsburgh Medical Center (UPMC) University of Wisconsin Hospitals and Clinics Upward Health URAC **UVA Health** Velatura HIE Corporation Velatura Services VIKRITI Management Consulting Virginia Association of Hematologist & Oncologist Virginia Pediatric Group Vital Voice and Speech LLC ViTel Net VoCare, Inc. Volunteers of America of North Louisiana Vynca, Inc. Walmart WhiplashMD, LLC Wisconsin Association of Hematology & Oncology Wyoming State Oncology Society X4 Health **XEN Partners** Yale New Haven Health System Ziegler Zipnosis Zocdoc Zoom Videoconferencing