



## Support the Access to the Prescription Digital Therapeutics Act of 2023

Senate Sponsor: [Sen. Jeanne Shaheen \[D-NH\]](#)

House Sponsor: [Rep. Kevin Hern \[R-OK-1\]](#)

### Why It Matters

The **Access to Prescription Digital Therapeutics Act** (H.R. 3288 / S. 1702) is bipartisan legislation that would provide Medicare and Medicaid coverage for U.S. Food and Drug Administration (**FDA**) **cleared, software-based treatments**—known as **Prescription Digital Therapeutics (PDTs)**. These therapies are clinically validated, accessible through mobile devices, and address critical needs including **mental and behavioral health, substance use disorders, and chronic disease management**.

### Key Benefits of Passing the PDT Act

- **Bridges Access Gaps:** Many Medicare and Medicaid beneficiaries are currently **excluded from accessing PDTs** due to the lack of a benefit category.
- **Aligns with FDA and CMS (Centers for Medicare and Medicaid Services) Goals:** PDTs undergo **rigorous FDA review** and are **prescribed by providers**—they should be treated like any other evidence-based treatment.
- **Improves Outcomes & Lowers Barriers:** PDTs enable **on-demand access to care** via mobile apps, helping patients overcome **geographic, financial, and workforce shortages** in healthcare.

### Why Now

- **Positive Global Data:** Germany's **Digital Health Applications (DiGA)** program shows **strong patient engagement and improved outcomes**, demonstrating the real-world impact of digital therapeutics when supported by national policy.
- **U.S. Economic Validation:** The **Peterson Health Technology Institute** recently reviewed digital mental health treatments and found that **existing Physician Fee Schedule codes** provide a viable path for **cost-effective reimbursement**.
- **Policy-Ready Infrastructure:** The **Prescription Digital Therapeutics Act is ready to move**—the **Congressional Budget Office (CBO)** is positioned to score the bill, and **CMS can act swiftly** once enabled by statute.

### Call to Action

We urge Congress to **support and pass H.R. 3288 / S. 1702** to:

- Establish clear **Healthcare Common Procedure Coding System (HCPCS) coding and payment pathways** for PDTs.
- Ensure **Medicare and Medicaid beneficiaries** have access to innovative care.
- Create **consistent national reimbursement standards** for public and private payers.